

THE ACADEMY OF FOOTBALL

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West Ham United Foundation Academy of Football offers international student-athletes from all over the world the opportunity to experience world-class training and match-play under the tutelage of the West Ham United Foundation coaching team.

The Academy's high-performance programme incorporates an individual and team play focus with specialised development plans in all the key areas. Student-athletes receive elite technical and tactical training along with a personalised strength & conditioning and recovery programme enabling them to reach their maximum potential.

All student-athletes are profiled and analysed to assess their strengths and weaknesses. The coaching team and sports science department will address physique, pace, attitude, work rate, technical ability, game knowledge and player intelligence in order to identify all areas to be developed.

Our highly specialist approach also integrates the latest sports technology and science - such as wearable trackers for in-depth technical metrics, pro-level laboratory fitness testing and the latest technology in video analysis and live match broadcasting.

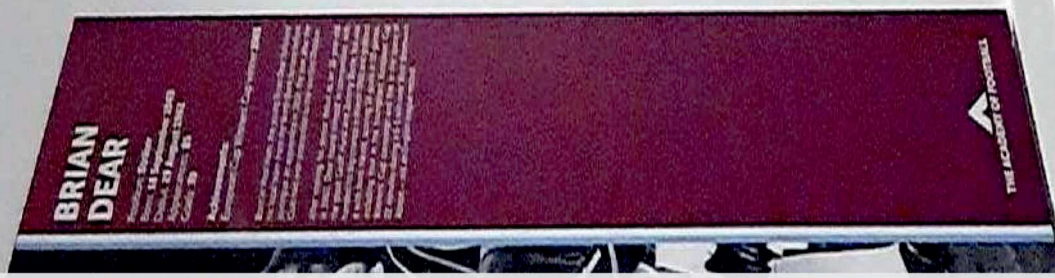
This unique training opportunity can be combined with multiple academic pathways allowing students to continue with A-Levels, H N D s, and International Foundation Diplomas in order to achieve their next goal, whether that be university in the UK, a US university with a football scholarship or developing their professional sports career.

Athletes, both boys and girls, of any nationality, between the age of 16 and 20 are eligible to apply for the recruitment process. The Academy of Football has three intakes each year: September, January and April. You will also have the possibility to blend your training with a range of professional FA qualifications.

Realise your dreams...

Achieve your goals...

At the Academy of Football!

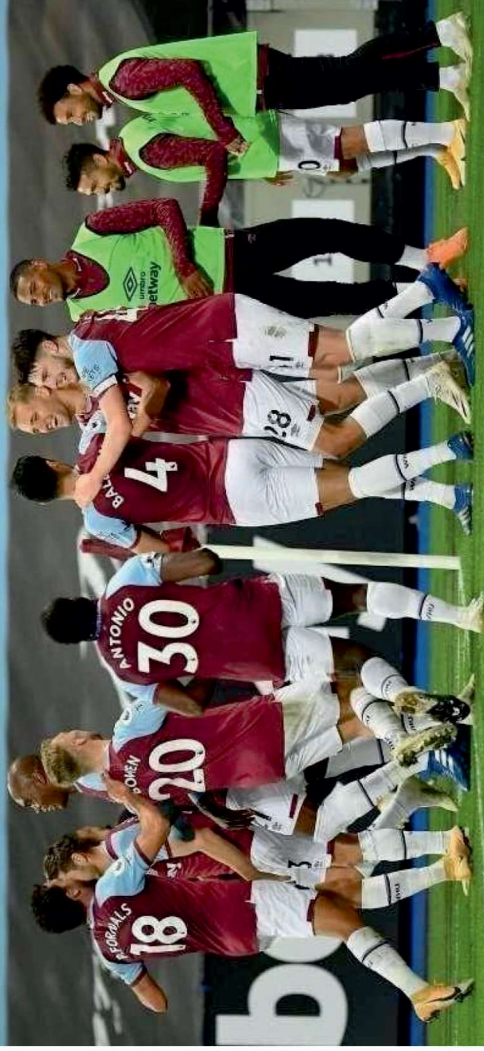




Choices
International

FOUNDATION

THE ACADEMY OF FOOTBALL



ACADEMY TRYOUT

WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY

BE A PART OF A CHAMPIONSHIP WINNING TEAM!

KEY FACTS

LOCATION

London

ACCOMMODATION

UCL University (East London Campus)

TRAINING GROUND

Bobby Moore Sports Hub
Parloes Park Terrace Walk
Dagenham RM9 5PU

PROGRAMME AVAILABLE

Individuals & Groups

DURATION

1-2 weeks

START DATES

Males & Females

One week: 13th,20th,27th July

Two weeks:

13th-25th July

20th -1st August

AGE RANGE

Males - Females

16-17 | 18-19

During the clinic you will train as a professional and full-time WHU coaches will prepare you and help you demonstrate your full potential at the official tryout for the Academy of Football. A unique opportunity to enjoy an elite football experience and be accepted into the Academy of Football for international players or reserve your place for a future admission. Hit the mark and become a Hammer!

High-Performance Tryout overview

As a leading team within the UK Premier League - the most competitive league in the world - West Ham United Academy applies the same demanding standards to all its players. Expect no less during this Tryout. Our elite High-Performance approach integrates the latest sports science and technology with Premier League level training techniques to provide an intensive programme that will test and help optimise the performance of all participants.

Tryout for the Academy of Football:

You decide if you want to participate in the official tryout for the Academy of Football or use the programme to prepare for future tryouts.

If you are accepted, you will have the opportunity to continue training at this same level for the entire season as well as participating in talent ID sessions and demanding match play fixtures against other top academy teams. Live in London at one of our residential options and become a full-time academy player.

This unique training opportunity can be combined with multiple academic pathways allowing all participants to continue their studies in order to achieve their next goal, whether that be university in the UK, a US college with the aim of a soccer scholarship or developing their professional sports career either on or off the pitch.

Athletes, both boys and girls between the age of 16 to 19 are eligible. The Academy of Football has three intakes each year: September, January and April. You will also have the possibility to blend your training with a range of academic qualifications.

Players in the tryout will also have the unique opportunity to have a personal development plan and guidelines to enter the academy and progress on the pathway of their choice.

WEEKLY PROGRAMME SCHEDULE INCLUDES:

- Full-Board residential accommodation en suite rooms
- Daily transfer by private coach to training facilities
- WHUF Tryout for the International Academy of Football
- Tactical and technical training conducted by licensed UEFA staff
- Matchplay: small-sided games and 11 v 11
- Video recorded games
- Uniform Kit
- GPS Tracking: You will wear a vest with a GPS tracker so we can measure your workload and performance over a specific period
- On-pitch Testing: Speed, agility and ball mastery testing will be carried out on-pitch and you will be benchmarked against our current academy players. Our state-of-the-art Ai vision technology will measure each test accurately
- Interview with the Academy manager: This is to discuss your footballing experience and your future goals
- Medical Insurance

Seminars

- WHU DNA, Values & History
- Wellbeing Seminars on nutrition, injury prevention, recovery.
- Seminar on Talent ID
- Seminar Opposition Analysis

Excursions

- WHU Stadium Tour
- Full-day Excursion around London

PROGRAMME FEES

Programme	Course Type	Duration	Residential Price
Try-Out	High Performance	1 week	£2,100
Try-Out	High Performance	2 weeks	£4,100
Registration Fee £150			

* Arrivals are on the Sunday prior to the course start date. Departures are on the Saturday.

** It is compulsory to bring the original passport to the camp. The document will be kept by Choices staff.



AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence. Prices per person based on one way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£140	£155	£160	£160	£115	£115

* Supplement for flight arrivals and departures before 9:00am and after 9:00pm each way: **£50.**

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided 20 days prior to arrival.

**** Transfer fees won't be refunded last minute changes will incur an extra cost.