



THE ACADEMY OF FOOTBALL



INTERNATIONAL CLINIC INFO SHEET

DESTINATION - CITY & COUNTRY					
DURATION OF CLINIC IN DAYS				NOT INCLUDING PREPARATION DAY	
DATES		FROM		TO	
PARTICIPANTS	Mark with an X	# Estimate number of attendees			
		14-15	16-17	18-22	>18
HIGH PERFORMANCE FOR TEAMS					
HIGH PERFORMANCE FOR INDIVIDUALS					
DEVELOPMENT FOR TEAMS					
DEVELOPMENT FOR INDIVIDUALS					
WHU COACHING DEVELOPMENT					

90 MIN SESSIONS/DAY OVER DURATION OF CLINIC	Mark with an X				
		14-15	16-17	18-22	>18
1					
2					
3					

AGE GROUP DISTRIBUTION		DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
WRITE AGE GROUPS IN EACH 90 MIN SESSION	1					
	2					
	3					
WORKSHOPS : write code						

WORKSHOP CODES

NUTRITION	#N
STRENGTH & CONDITIONING	#SC
RECOVERY	#R
SELF-PROFILING	#SP

HUMAN SCIENCE	#HS
PLAYER PROFILING	#PP
VIDEO ANALYSIS	#VA
BESPOKE WORKSHOP	#B

TALENT ID	#ID
YOUTH COACHING	#YC
PRO COACHING	#PC

FACILITIES	PLEASE ATTACH PHOTOS OF THE TRAINING GROUNDS, CHANGING FACILITIES & CLASSROOMS
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NAME OF TRAINING FACILITY					
	QUANTITY		MARK WITH AN X		MARK WITH AN X
5 v 5 (GOALS WITH NETS)		ASTRO TURF		GRASS	
7 v 7 (GOALS WITH NETS)		ASTRO TURF		GRASS	
11v11 (GOALS WITH NETS)		ASTRO TURF		GRASS	
	QUANTITY			CLASSROOM CAPACITY	
SEMINAR ROOM / CLASSROOM				SEMINAR ROOM CAPACITY	
PROJECTOR OR SMART BOARD - yes or no?					

ARE THERE CHANGING ROOMS FOR MEN - YES OR NO?		WHAT IS THE CAPACITY?		PLAYERS
ARE THERE CHANGING ROOMS FOR WOMEN - YES OR NO?		WHAT IS THE CAPACITY?		PLAYERS
ARE THERE CHANGING ROOMS FOR COACHES - YES OR NO?				
IS TEHR A FIRST AID ROOM - YES OR NO?		HOW FAR FROM TEH TRAINING FACILITIES IS IT?		METRES
ARE THERE SHADED AREAS NEARBY?				

MEDICAL SERVICE				
IS THERE A PHYSIO ON SITE - YES OR NO?				
NAME OF NEAREST HOSPITAL				
DISTANCE TO HOSPITAL FROM TRAINING GROUND		KM		MINUTES
HOW MANY FIRST AID SPECIALISTS ARE THERE OIN SITE?				
IS THERE AN AMBULANCE SERVICE ON SITE - YES OR NO?				
IS THERE AN EMERGENBCY CAR SERVICE ON SITE - YES OR NO?				

EQUIPMENT				
			Mark with a X to confirm	
BALLS / PARTICIPANT / SESSION	1:1	MIN 1:2		
BIBS / PARTICIPANT / SESSION	1:1	MIN 11 per COLOUR		
CONES	MIN 150			
OTHER EQUIPMENT / FACILITIES AVAILABLE	PLEASE SPECIFY BELOW :			

