



KEY FACTS

LOCATION

London

ACCOMMODATION

University of East London,
(Docklands Campus)

TRAINING GROUND

West Ham United Stadium
Training Complex

PROGRAMME AVAILABLE

Individuals & groups

DURATION

1 - 4 weeks

START DATES

Boys & Girls

Session 1 - 3rd -16th July 2022

Session 2 - 17th - 30th July 2022

1 Week: 3rd, 10th, 17th, 24th July

AGE RANGE

Boys/Girls 10-17

Goalkeeping: Boys/Girls

12-17

OPTIONAL

Goalkeeping training

English classes

GOALKEEPER PROGRAMME

WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY

Develop your goalkeeping skills with the world famous West Ham United Academy coaching programme and gain an insight into the best techniques and goalkeeping training methods.

Participants can choose among different options:

Goalkeeping Teach players those vital skills such a handling, footwork and distribution which can be overlooked when training as part of a team. West Ham United Foundation's coaches work on specific technical aspects for the goalkeeper position as well as the psychological aspect of this game. Players will have the opportunity in our seminars to get an overview from West Ham United Foundation's specialized staff in all aspects of this game. The programme is designed to meet the requirements of goalkeepers who require further technical detail incorporated into their training to aid progression and development.

This programme is unique in providing in-depth training covering technical skills, tactical appreciation, psychology and physical training techniques. The Coaching programme is delivered by WHUF trained, UEFA qualified coaches using the West Ham United academy model. It takes place at West Ham United Stadium training complex in London. This programme is open to boys and girls aged 12- 17 years old.

GOALKEEPING

Goalkeeping courses teach players those additional vital skills such a handling, footwork and distribution which can be overlooked when training as part of a team. Our goalkeeping courses are specialised, and we work in smaller groups to enhance development and therefore fitness levels should be of a high standard. Goalkeepers train independently to our football academy programme but come together during session enabling players to put techniques into practice.

ADVANCED GOALKEEPING

Advanced goalkeeping courses work on the same basis as standard goalkeeping, but sessions are designed to meet the requirements of senior and advanced goalkeepers who require further technical detail incorporated into their training to aid progression and development. Advanced sessions are physically and technically challenging and we recommend that players be of a high standard of both fitness and ability. Goalkeepers who attend these sessions may have the opportunity to highly improve their skills. Advanced Goalkeeping courses available to boys and girls of an advanced level aged 12- 17 years old.

GOALKEEPING

Goalkeeping courses teach players those additional vital skills such as handling, footwork and distribution which can be overlooked when training as part of a team. Our goalkeeping courses are specialised, and we work in smaller groups to enhance development and therefore fitness levels should be of a high standard. Goalkeepers train independently to our football academy programme but come together during session enabling players to put techniques into practice

ENGLISH COURSE PLUS GOALKEEPING

This programme is designed for boys and girls of all abilities aged 12-17 years old, to improve their goalkeeping skills. It consists of 10 hours of soccer training plus 5 hours goalkeeping training and 12 hours of English classes per week.

WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 5-days training at West Ham United Stadium training complex, 15 hours
- West Ham United Foundation training kit
- Full board residential accommodation & free supervised internet access
- Evening activities every night for residential
- Excursion: 1 half-day West Ham United Stadium Tour
- Player 'Meet & Greet'
- Player report feedback
- Seminar and workshops
- 1 half-day excursion to Wembley Stadium for 2 weeks students
- 1 full-day (London Tour) for 2-week students
- Daily transfer to training facilities by coach
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches at West Ham United Stadium in a player's closing ceremony
- Goalkeepers doing intensive football training without an English course will have 9 hours of goalkeeping training plus 10 hours of football training
- Goalkeepers with English classes will have 10 hours of football training plus 5 hours of goalkeeping

PROGRAMME FEES

Programme	Course Type	Duration	Residential Price	Day Camp Price
Goalkeeping Programme + Language	Football & English	2 weeks	£2,700	£2,150
Goalkeeping Programme	Football	2 weeks	£2,600	£2,050
Goalkeeping Programme + Language	Football & English	1 week	£1,650	£1,250
Goalkeeping Programme	Football	1 week	£1,550	£1,090
Registration Fee £100				

* Students participating in a 1-week programme will have 1 half-day excursion to West Ham United Stadium.

* Goalkeeping training is only available in July from 4th July to 30th July 2022

OPTIONAL FEES:

- Extra night £125
- Optional Sunday excursion £50

* Arrivals are on the Sunday prior to the course start date. Departures are on the Saturday.

** It is compulsory to bring the original passport to the camp. The document will be kept by Choices staff.



AIRPORT TRANSFERS

(Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence. Prices per person based on one way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£115	£135	£150	£150	£110	£100

* Supplement for flight arrivals and departures before 9:00am and after 9:00pm each way: £50.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided 20 days prior to arrival.

**** Transfer fees won't be refunded last minute changes will incur an extra cost.